



Idaho Falls Swim Team

Board of Directors

Wendy Lowe, President
Brent Boyle
Kari Cook
Christina Davis
Debi Irick
Lori Miller
Richard O'Quinn
Eric Perttula

Head Coach

Denise Thompson

Fall, 2009

Greetings!

We approach the upcoming year with a great deal of excitement. Last year was the biggest year yet for the Idaho Falls Swim Team. We had almost 200 registered athletes spanning from four to 18 years of age and a huge range of ability levels. Meeting the needs of all of our athletes is a challenge.

Nevertheless, the Board of Directors and our coaching staff believe we can meet that challenge. We are deeply committed to our motto, "Excellence in Life through Excellence in Swimming" and we look forward to having you become a part of our team.

Our head coach, Denise Thompson, has coached competitive swimming for over 20 years, 17 of those with our program. She is truly inspirational for our athletes, and we are grateful for her commitment to our program over these many years.

The Team's Board of Directors is responsible for managing the team's resources and organizing parent efforts to make our team as successful as possible. Please feel free to talk with any Board member about the team and your family's participation.

The on-going success of the Idaho Falls Swim Team relies on both the financial commitment and a service commitment of all of our families. Of courses, all of our swimmers pay monthly dues. These dues cannot cover all of the team's expenses, however. All but our very youngest swimmers are also charged a Family Commitment Fee, originally established to keep our dues as low as possible. The team provides at least three opportunities for swimmers to participate in fundraising activities each year to help families raise their family commitment fee. All team families have the option of participating in these fundraising activities – or simply paying the family commitment fee.

As for the service commitment – it takes all of us working together to help our swimmers reach their performance goals. Each year, the Board forms committees to support accomplishment of our strategic goals. When you register, you will have the opportunity to let us know which of those committees you would like to assist.

We hope this parent handbook will answer your questions about the sport of competitive swimming, our team, and how to parent for budding athlete. If it fails to answer all your questions, please do not hesitate to call me at (208) 522-0704.

Warm regards,

Wendy Lowe